About the PAAM Mentoring Program

Many doctors and other health professionals who have participated in Anthroposophic Medical training have asked how to add clinical training to their classroom experience, to help put their knowledge into practice.

Most of us now practicing Anthroposophic Medicine found our way to an anthroposophic hospital or outpatient clinic for training; some of us found a senior doctor who supervised us in our own practices. The PAAM Mentoring Program, initiated in 2007, makes such essential clinical support readily available to practicing medical doctors and other licensed prescribers from the United States and Canada.

Here is how the PAAM Mentoring Program works:

- Doctors and other licensed prescribers (MD, DO, NP, PA, ND) who are studying Anthroposophic Medicine and who are in clinical practice (“mentees”), are paired with a doctor experienced in the anthroposophic approach (“mentor”), when possible in their geographic region; when possible, in their specialty. *

- Mentor and mentee meet, by telephone because of distance, or in-person when possible. The pair meets every two to four weeks for an hour or an hour and a half, for a total of eighteen hours, constituting one “mentoring year.” Mentor-mentee pairs should complete 18 hours’ mentoring within 2 years.

- The focus of these conversations is case-based, using clinical situations from your practice, while observing professional standards of confidentiality. While the primary activity will be clinical supervision, discussions may at times include contemplative activity, nature observation, or reading.

- The PAAM Mentoring Program provides guidelines and teaching resources upon registration.
• The program director periodically checks in with mentee and mentor.

• This mentoring is recognized by the American College of Anthroposophic Medicine, and by the Medical Section at the Goetheanum, Switzerland, towards the two-year mentoring requirements for national and international certification in Anthroposophic Medicine. Mentees may consider working with two different mentors in the course of their training—but many stay with one mentor for several years’ work.

Tuition of $1250 a mentoring year (18 contact hours) makes possible an honorarium of $1000 to the mentors to help offset time away from practice, and the remainder supports the program’s administration.

For registration or questions, contact us at paam@anthroposophy.org. We look forward to hearing from you.

Warm regards,

Alicia Landman-Reiner MD, PAAM Mentoring Director
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*Since our mentors are MD/DO’s, we ask that non-MD/DO’s in the program (PA’s, NP’s, ND’s) provide us with a summary description of their legal scope of practice. Such scope varies from state to state. This enables mentors to teach well and responsibly.

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