

**PROGRAM OUTLINE AND TOPIC DETAILS: IPMT 2019, April 27 – May 4, 2019, in Chestnut Ridge, NY**

Courses (with speaker and topics):

<b>Date &amp; Time, 2019</b>	<b>Speaker</b>	<b>Topic</b>
<b>EVENING LECTURE SERIES</b>		
SAT 4.27, SUN 4.28, MON 4.29, THURS 5.2, FRI 5.3 7:30-8:30pm	Adam Blanning MD Albert Schmidli MD Andrea Rentea MD Christoph Von Dach RN, PhD	Healing is Not a Static Process
<b>MORNING EURYTHMY</b>		
SUN 4.28 thru FRI 5.3 Group A – 7:15-8:00am Group B – 8:15-9:00am	Glenda Monasch TE	Group Eurythmy Exercises Related to the Threefold Human Being
<b>FIRST MORNING SESSION</b>		
SUN 4.28 thru FRI 5.3 9:15-10:30am	Adam Blanning MD and facilitators	Medicinal Plant and Observational Skills Lab
<b>SECOND MORNING SESSION</b>		
SUN 4.28 thru FRI 5.3 11:00am – 12:15pm	Adam Blanning MD and facilitators	Integrative Medical Text Study
<b>FIRST AFTERNOON SESSIONS</b>		
SUN 4.28 thru FRI 5.3 2:00-3:15pm	Carmen Eppel MD	Rhythm and Transition – An integrative approach to understanding the time element in women’s health
SUN 4.28 thru FRI 5.3 2:00-3:15pm	Adam Blanning MD	Individualizing Treatment in Chronic Disease
SUN 4.28 thru FRI 5.3 2:00-3:15pm	Philip Incao MD	Advanced Topics in Anthroposophic Medicine
<b>SECOND AFTERNOON SESSIONS</b>		
SUN 4.28 thru FRI 5.3 3:45-5:00pm	Albert Schmidli PharmD	Is Our Goal Formation or Dissolution? – Exploring the pharmacologic principles that underlie stimulatory and suppressive treatments in both chronic and acute illnesses
SUN 4.28 thru FRI 5.3 3:45-5:00pm	Andrea Rentea MD	Finding Systemic Patterns in Illness
SUN 4.28 thru FRI 5.3 3:45-5:00pm	Glenda Monasch TE	Eurythmy Movement Therapy – Movement Exercises for Recovery and Rehabilitation
<b>CME PRACTICE IMPROVEMENT PROGRAM (for those applying for CME credit for the 2019 IPMT)</b>		
SUN 4.28 thru FRI 5.3 5:15-5:45pm	Adam Blanning MD	Improving Patient Outcomes in Chronic Disease