



FOUNDATIONS OF ANTHROPOSOPHIC MEDICINE

Saturday, April 27th, 2019

9:00am -4:30pm

Chestnut Ridge, NY

With: Carmen Hering DO, Alicia Landman-Reiner MD, Teresa Ferrari RN
Physicians' Association for Anthroposophic Medicine (PAAM)

Greetings

9:00 a.m.

WELCOME, Introductions

Session 1

9:10-10:25 a.m.

ANTHROPOSOPHIC MEDICINE: PRINCIPLES, PRACTICE, SCOPE

10:25-10:45 a.m.

BREAK for coffee/tea/snack, Café, adjacent building

Session 2

10:45 - 11:55 a.m.

NATURE OBSERVATION: THE PLANT: BURGEONING and WITHERING

Noon - 1:15 p.m.

LUNCH, Café, adjacent building

Session 3

1:15-2:30 p.m.

CASE PRESENTATION: RECURRENT FEVERS and ACUTE FEBRILE ILLNESSES

2:30-2:45

STRETCH BREAK

Session 4

2:45 - 4:00 p.m.

PRACTICUM: NURSING THERAPIES: compresses and other topical therapies with
plant extracts and minerals

4:00 - 4:30 pm

CLOSING DISCUSSION - may include: physician's relationship to nature; hands-on
therapy modalities; individualizing treatment.